

**5.4 Changing Nappies and Clothes Policy**

At Shoreham Pre-School we recognise that all children master toileting at different ages and stages. We are committed to ensuring our children’s self-esteem is protected by treating toileting accidents with positivity, sensitivity and kindness.

We encourage parents to share with us information about toileting progress so we can promote continuity for the child and follow what parents are doing at home.

We will work to provide the child with privacy and patience.

Parents should provide their child with a bag containing nappies, wipes, nappy bag, clean pants, trousers/skirt, top and socks depending on what stage they are at with toileting. Pre-school do have spares of everything, so we ask that parents return borrowed clothing items washed and dried.

Procedure

Gather all the necessary items needed before each nappy change, for example, nappy, wipes, nappy sack, child’s spare clothes. Use the items provided by the parent whenever possible to keep things familiar to the child.

Wash and dry your hands.

 Put on a clean set of disposable gloves for each change.

Place the child on a nappy changing mat in the toilet area to preserve privacy as much as possible. Chat to the child using an appropriate level of language dependent on their language development.

Remove the child’s clothing to access the nappy or soiled pants.

 Remove the nappy/pants and place it inside the nappy sack.

 If the child’s clothes are soiled, bag them separately and send them home.

Using the wipes, clean the child from front to back and place the used wipes in the nappy sack. Tie the nappy sack and put it in the bin.

 Put on a clean nappy or pants on and take off the gloves and place them in the bin.

Dress the child, encouraging them to pull on the clothing they are able to independently. Praise all efforts.

Help the child to wash their hands if this is age appropriate, using liquid soap, warm water and paper towels.

 Wash your hands using liquid soap, warm water and paper towels.

Encourage the child to return to the playroom independently.

 Return to the nappy changing area and using anti -bacterial spray and paper towels clean the changing mat, surrounding area and underneath the mat before leaving to dry and then wash and dry your hands.

Due to the size of the changing area, one adult will change the child whilst the other adults stay in the playroom/outside area. If a parent is unhappy about this arrangement, they should speak to a member of staff.

Only staff with a successful Enhanced DBS check will be allowed to change children or assist with toileting.